



# FREEDOM THAT LASTS<sup>®</sup>

*Learning to overcome hurts,  
habits, and hardships God's way*



# Welcome!

We are a new  
**Freedom That Lasts (FTL)** Chapter  
under Formed For Christ Church

**“Maturing disciples making disciples.”**



# Motto

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Jesus Christ is the only source of  
freedom that lasts.

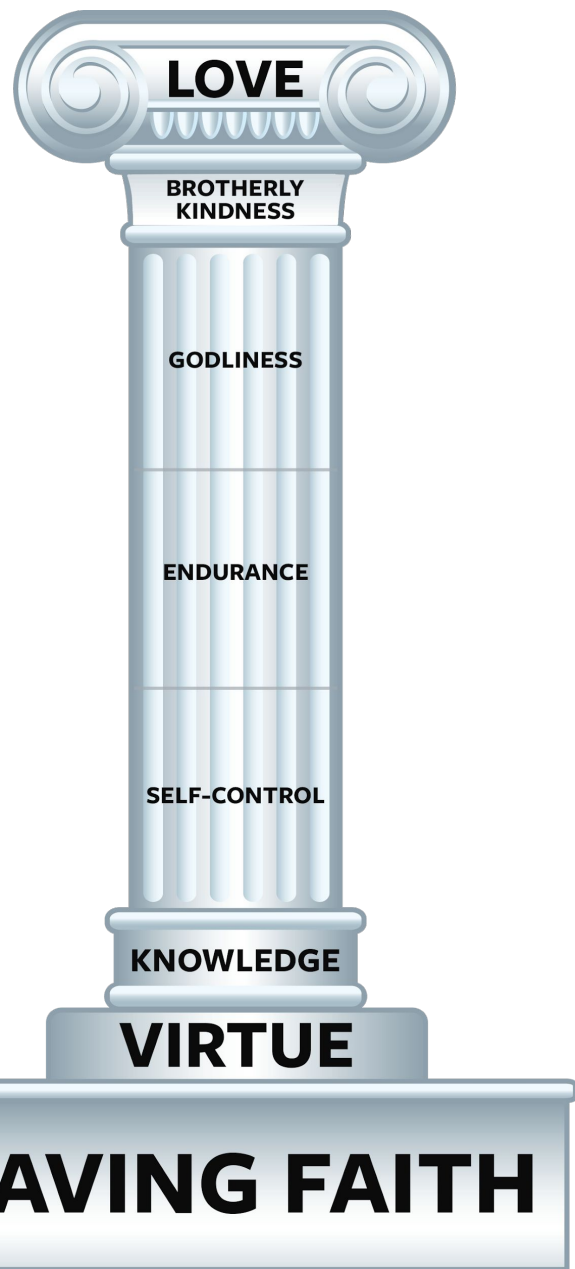


# Change Principle

We do what we do because we are  
what we are.

To change what we do, we must  
cooperate with God to change what  
we are.





## Key Verses: Character of Christ

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*And beside this, giving all diligence add to your faith **virtue**; and to virtue **knowledge**; and to knowledge **self-control**; and to self-control **endurance**; and to endurance **godliness**; and to godliness **brotherly kindness**; and to brotherly kindness **love**. . . For if ye do these things, ye shall never fall.*

2 Peter 1:5-7, 10



# Student Manual Level 1

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## Unit 1: Saving Faith

Trusting the Right Savior:

“Saving faith is believing that **Jesus Christ** is the only Savior”



# We Must Admit

We are creatures who have trashed our lives by our sin.

but, **Jesus** doesn't turn away anyone who comes to Him for salvation or restoration.



# The Person of Change 1 of 2

## The Holy Spirit:

- One of three persons of the Godhead (Father, Son, Spirit)
- The agent who shows us our need of Christ and imparts Christ's life to us at salvation



# The Person of Change 1 of 2

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The **Holy Spirit** (cont.):

- Indwells us at the point of **salvation**
- Begins the work of changing our lives to become like Christ through **sanctification**
- He empowers us for service to Christ



# We Must Cooperate

We are **changed** by the Holy Spirit as we cooperate with **His leading**.



# Holy Spirit = Divine Leader

The Spirit of God is the divine leader whose **convicting voice** calls our attention to the times when we are intent on going our own way.

*“He is the person of change.”*



# He Leads Us


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- Into an understanding of the Scriptures (Bible, Sermons, and other studies)
- Into “paths of righteousness” (Ps. 23:3) by which we reflect **Christ’s likeness**



# We Must Be Filled [Controlled]

Greek verb for *filled*

- God must command us to yield to the Holy Spirit's control  (Done)
- Being controlled is an ongoing action
- Empowering is done to us when we choose to cooperate with Him



# What is Filling [Controlling]

The **supernatural work** of the Spirit within a believer whereby that believer is enabled or empowered to become:

- Like Christ (**Sanctification**)
- Useful to Christ (**Service**).



# Actions to Take

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To help us avoid falling into our old habits of sin:

- **Turn to God** at the first thought of temptation
- **Stop and Pray** immediately
- **Tell God** you believe His promises
- **Move away** from the temptation in some way



# Actions to Take (cont.)

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To help us avoid falling into our old habits of sin:

- **Turn to God** at the first thought of temptation (Yield to the Spirit)

*If you entertain the idea of your old habit for any amount of time, you will likely give into it!*



# Actions to Take

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To help us avoid falling into our old habits of sin:

- **Stop and Pray** immediately

*“Jesus, I’m facing trouble right now, and I don’t want to hurt my relationship with you. You want me to turn away from this temptation, and I want to listen to you.”*



# Actions to Take

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To help us avoid falling into our old habits of sin:

- **Tell God** you believe His promises

*“You have told me that ‘I can do all things through Christ who strengthens me’ (Phil. 4:13). I believe your Word and am asking you for that strength to obey you right now.”*



# Actions to Take

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To help us avoid falling into our old habits of sin:

- **Move away** from the temptation in some way.

*“Jesus, I think the wisest thing for me right now is to [leave the room, call my mentor, shut down my computer or phone, etc.], so that’s what I am doing right now. Thank you for helping me obey You!”*



# Christian Life

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“...first and foremost **about God.**  
*Christianity is primarily a relationship with the Creator, not merely a means to escape from everlasting torment or get deliverance from life-dominating sins or unsettling emotions”*

(Berg, Changed Into His Image, p. 105)



# Point of Salvation

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When you **accept Christ** as your Savior (**Romans 10:9–13**), the Holy Spirit takes up residence in your heart, bringing with Him an entirely **new life** of love, relationship, and service to the Lord.



# Christian Life

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*“Some suggest that the filling of the Holy Spirit is an emotional experience that takes place at certain moments, but the concept of ‘filling’ in Scripture is one of **being controlled** or **influenced** by the Holy Spirit.*

*At times living a Spirit-filled life may include emotional or mountain-top experiences. But the idea of being filled by the Spirit is more about an ongoing sense of **God's Spirit working** in a person's life, not a one-time experience.*

***As the believer lives out his or her faith in Christ, the Holy Spirit increasingly controls or fills his or her life; this leads to joy, thankfulness, and right relationships.”***

(<https://www.compellingtruth.org/filled-Holy-Spirit.html>)



# Holy Spirit in Scripture 1 of 2

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As the Holy Spirit lives in the believer, He brings about some life-changing results:

- 1) The indwelling Spirit comes to a soul dead in sin and creates new life ([Titus 3:5](#)). This is the new birth Jesus spoke of in [John 3:1–8](#).
- 2) The indwelling Spirit confirms to the believer that he belongs to the Lord and is an heir of God and fellow-heir with Christ ([Romans 8:15–17](#)).
- 3) The indwelling Spirit installs the new believer as a member of Christ's universal church. This is the baptism of the Spirit, according to [1 Corinthians 12:13](#).
- 4) The indwelling Spirit gives spiritual gifts (God-given abilities for service) to the believer to edify the church and serve the Lord effectively for His glory ([1 Corinthians 12:11](#)).
- 5) The indwelling Spirit helps the believer understand and apply the Scripture to his daily life ([1 Corinthians 2:12](#)).



# Holy Spirit in Scripture 2 of 2

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As the Holy Spirit lives in the believer, He brings about some life-changing results (cont.):

6) The indwelling Spirit enriches the believer's prayer life and intercedes for him in prayer ([Romans 8:26–27](#)).

7) The indwelling Holy Spirit empowers the yielded believer to live for Christ to do His will ([Galatians 5:16](#)). The Spirit leads the believer in paths of righteousness ([Romans 8:14](#)).

8) The indwelling Spirit gives evidence of new life by producing the fruit of the Spirit in the believer's life ([Galatians 5:22–23](#)).

9) The indwelling Spirit is grieved when the believer sins ([Ephesians 4:30](#)), and He convicts the believer to confess his sin to the Lord so that fellowship is restored ([1 John 1:9](#)).

10) The indwelling Spirit seals the believer unto the day of redemption so that the believer's arrival in the Lord's presence is guaranteed after this life ([Ephesians 1:13–14](#)).



# Remember

God's recovery program is  
**sanctification.**

Yield your heart, soul, and mind to  
the **Holy Spirit's control!**



# Motto

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freedom that lasts.





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